

BOOT CAMP SAN DIEGO
Downtown Convention Center and NTC Promenade in Liberty Station
San Diego, CA
619-342-5548
Email: CONVENTO96@YAHOO.COM
USKARATEACADEMY@GMAIL.COM

Boot Camp San Diego Application Form

Name: _____
Last, First, M.I.

T-shirt Size: _____

Height: _____
Feet, Inches

Liability sign: Y/N

Weight: _____
Lbs

Referred by: _____

Advertisement: _____

Age/Dob: _____ / _____ / _____ / _____
Age Month/Day/Year

Deposit: _____

Telephone # (home): _____ (work): _____

Email (personal): _____ (work): _____

Mailing Address: _____

1. Do you have any medical issues, injuries, pains, etc?
2. How often do you work out and duration of each session?
3. Rate your current physical fitness shape: bad, satisfactory, good, excellent.
4. What are your top 3 fitness goals? Date you want to accomplish the goal?

1. _____

2. _____

3. _____

Applicant signature: _____ Date: _____

Instructor signature: _____ Date: _____